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***Let Leigh Warren & Dancers Help You Stick to that
New Year's Resolution***

Sick and tired of always breaking your New Year's resolution to 'get fit' in the year ahead? Well, South Australia's award-winning Leigh Warren & Dancers has a fun exercise alternative to grueling sessions at the gym and expensive, long-term membership fees.

The Adelaide-based dance company is offering contemporary dance classes to the public - at both beginner and intermediate level - every Tuesday and Wednesday evenings - starting January 15.

Classes are led by experienced members of the dance company itself and combine a mix of creativity and cardio designed to create an enjoyable exercise environment - which will ensure you keep that New Year's resolution!

Class sizes are kept small - guaranteeing personal attention from instructors. Beginner classes are perfect for those with no previous dance experience - while intermediate sessions are designed for students who have some previous experience in contemporary dance techniques.

Conducted at the company's conveniently located city studio (in the Lion Arts Centre) - the classes are easily accessible for city office workers and school students alike. Best yet there are no locked-in contracts! Casual classes are just \$14 each or a block of ten sessions are just \$110.

So start 2008 with a contemporary twist and join Leigh Warren & Dancers on the dance floor!

To book, simply contact Leigh Warren & Dancers on 08 8212 5660.

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Issued for Leigh Warren & Dancers by Foster Hill PR & Marketing. For more information, please contact Skye Murtagh at Foster Hill on 08 8231 3555.