



JANUARY 9, 2006 – Media Release

**Get a Little Too Festive over Christmas and New Year?
Here's One Way to Work Your Way Back into a Bikini!**

If you feel you may have over-indulged over the Christmas/New Year break – or you just want to kick start 2006 with a healthy dose of exercise – then sign up now for contemporary dance classes with South Australia's leading company - **Leigh Warren & Dancers**.

The award-winning company is offering contemporary dance classes at both beginner (no previous experience necessary) and intermediate (students should have previous experience in contemporary dance techniques) levels on Tuesday and Wednesday evenings – commencing Tuesday January 17.

Conducted at the company's spacious studio in the Lion Arts Centre (corner of Morphett Street and North Terrace, City), the classes are taught by the company's members – all highly experienced and extremely energetic dancers.

You can opt for casual classes at just \$14 each or sign yourself up for a block of ten sessions at a discounted rate of \$110.

Further enquiries to Leigh Warren & Dancers on 08 8212 5660.

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***Issued for Leigh Warren & Dancers by Foster Workshop PR.
For more information– please contact Skye Murtagh
at Foster Workshop PR on 08 8231 3555.***